



# ENGAGEMENT ELIGIBILITY



## LIVINGWELL PROMISE

(JANUARY 1 - JULY 1, 2026)

<b>WHO</b>	All planholders who are enrolled in ANY medical plan through KEHP. Both spouses must complete if they have a cross-reference payment option.
<b>WHAT</b>	Fulfill your LivingWell Promise by completing the Castlight Health Assessment. The Health Assessment only takes about 10 minutes to complete and asks various health and lifestyle questions.
<b>WHERE</b> 	The Health Assessment can be completed in the Castlight app or by visiting <a href="https://mycastlight.com/mybenefits">mycastlight.com/mybenefits</a> . You can also contact a Care Guide at 800-681-6758 to complete the assessment over the phone.
<b>WHY</b>	By fulfilling the Promise, you earn up to a \$480 premium discount (\$40 a month) for Plan Year 2027. Most importantly, fulfill your Promise to learn about your health so you can be empowered to make or maintain healthy lifestyle changes, one small step at a time!

For questions and troubleshooting, please call your Castlight Care Guide at 800-681-6758 or email: [support@castlighthealth.com](mailto:support@castlighthealth.com).





# ENGAGEMENT REWARDS

(JANUARY 1 - DECEMBER 31, 2026)

<b>WHO</b>	All planholders who are enrolled in ANY medical plan through KEHP and medically enrolled spouses.
<b>WHAT</b>	Healthy activities - annual visit, preventive exams, tracking steps, and more!
<b>WHERE</b>	Castlight app or or visit <a href="https://mycastlight.com/mybenefits">mycastlight.com/mybenefits</a> .
<b>WHY</b>	<ul style="list-style-type: none"> <li>• Medically enrolled employees may earn up to \$200 in digital gift cards and submit entries into Sweepstakes to win prizes.</li> <li>• Medically enrolled spouses may earn up to \$100 in digital gift cards and submit entries into Sweepstakes to win prizes.</li> <li>• 10 points = \$1 in rewards.</li> <li>• Most importantly - you are actively promoting healthy lifestyle changes!</li> </ul>

# QUARTERLY SWEEPSTAKES

(ENTRIES VALID IN THE 2026 QUARTER THEY ARE SUBMITTED)

<b>WHO</b>	All KEHP employees (including employees who waive health insurance), medically enrolled spouses, pre 65 retiree employees, pre 65 retiree spouses.
<b>WHAT</b>	Amazon gift cards, Target gift cards, AirPods Pro, and much more!
<b>WHERE</b>	Castlight app or visit <a href="https://mycastlight.com/mybenefits">mycastlight.com/mybenefits</a> .
<b>WHY</b>	The chance to earn great prizes for making healthy choices!